



## Pre-Congress Workshop

### Empowerment through sustainable connections

Thursday, November 9

9:30-13:00

with members of the EPASA – European Performing Arts Students Association

Community organising harnesses the power of the arts to address societal challenges, empower youth, improve wellbeing, and strengthen community bonds. Join us for a participatory workshop that proves the transformative power of community organising and discover how you can make a positive impact, and become a catalyst for change by making sustainable connections which you can take into your artistic and professional life.

In this workshop, we will explore the benefits that community organising brings, learn how to foster a culture of engagement and collaboration, and work on your leadership skills. Uncover innovative ways to connect with others, and gain essential knowledge and practical strategies for mobilising communities around any cause. These are skills and techniques you can take forward into professional life, utilising the concept of sustainable connections.

The target audience of this workshop is students and recent alumni.

