



From Procrastination to Flow

Working tools for the free-lance artist in Folk and World music

This will be a hands-on presentation of how we at the Royal College of Music in Stockholm prepare our folk and world music students for freelance careers. It will present methods that we work with based on how the concept of flow can contribute to artistic development.

How could flow parameters such as risk, play, reorientation, and mimicry work as artistic tools in a creative process? Could procrastination be a fruitful state of being in a creative process? How can these tools be used when preparing a concert or working on an artistic project? And how can those parameters also be applicable as tools when taking care of a freelance career with everything from booking the gigs, creating the arrangement, leading projects, or applying for funding?

Susanne Rosenberg, folk singer, professor, and Doctor of Music, has been a pioneer both in rediscovering the older Swedish style of folk singing and in using it in new artistic environments, involving cooperation with contemporary composers and directors, and with her own groups, with which she has toured Europe, Asia and the United States.



Anna Wikenius, Swedish folk singer and has for the last 10 years been touring around the world with vocal group KONGERO and Swedish Finnish trio FOLK'AVANT. She holds a university degree in singing and vocal technique and a bachelor's degree in Swedish folk music from the Royal College of Music in Stockholm. For the last 3 years she is a teacher and Director of Studies at the Royal College of Music in Stockholm.