

AEC Safe Space

The term **safe space** refers to an environment where participants can feel confident that they will not be exposed to discrimination, harassment, or other risks of emotional or physical harm. At AEC events, the Safe Space takes the form of a facilitated discussion group, offering participants the chance to share feedback on the event with a particular focus on diversity, equity, inclusion, accessibility, gender equality, and non-discrimination. These sessions are facilitated by members of the [AEC DEI Allies network](#), who ensure an open and respectful setting for dialogue.

The Safe Space also provides an opportunity to reflect on the [Code of Conduct for AEC events](#), to raise concerns about behaviours that may not align with its principles, and to exchange personal experiences and practices related to equity, inclusion, and power dynamics in the field of Higher Music Education. Participants are warmly invited to share their comments or concerns with the facilitators at moderator@aec-music.eu, before, during, or after the session takes place.

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Quiet Room at AEC events

We understand that AEC events can be both exciting and overwhelming. That is why we have set up a **quiet room**, a calm and comfortable space available throughout the event for anyone who needs a break from the busy agenda. Whether you want to recharge, clear your mind, or simply enjoy a moment of peace, this space is open to all, especially if you are feeling tired or need a pause.

Quiet Rooms are part of our commitment to creating events with an inclusive and caring approach to participants' well-being, so please do not hesitate to make use of them. We kindly ask you to help keep it peaceful: keep noise to a minimum and avoid using laptops and phones. The space is not intended for meetings, conversations, or calls, but only for personal quiet time.

If at any point you feel the need to step away for rest, reflection, or self-care, please know this space is here for you. You will find the Quiet Room clearly marked; just follow the signs from the Registration desk. For more information, please contact the AEC Office at info@aec-music.eu.