

AEC European Platform for Artistic Research in Music (EPARM) 2026 - Norwegian Academy of Music, Oslo (Norway)

MAIN VENUE

Norwegian Academy of Music

Slemdalsveien 11

0369 OSLO

[See location in Google Maps.](#)



Photo: JS Norge / NMH

GETTING TO OSLO

Arriving by plane

Gardermoen Airport is an international airport located around 50km north of Oslo. There are several ways to get to the centre of Oslo.

Airport express train ([Flytoget](#)):

- The fastest and easiest option. Follow the signs from arrivals.
- **Tickets:** Can be purchased at ticket machines or ticket booths at Gardermoen, or via the "Flytoget" app.
- **Price:** ticket costs 258 NOK (around 22 EUR).
- Stop at Oslo Central Station and take approximately 22 minutes.

Vy Regional Trains:

- Cheaper alternative, but slightly longer train ride.
- **Tickets:** Can be purchased [online](#), via the Vy app, ticket machines at Gardermoen, or onboard the train (check for carriages dedicated to pre-bought tickets and avoid sitting there if purchasing onboard).
- **Price:** Around 129 NOK (10,80 EUR)
- Stops at Oslo Central Station, and take approximately 25 minutes.

Airport express bus ([Flybussen](#))

- Departs from right outside the arrivals area.
- **Tickets:** Can be purchased onboard (slightly more expensive) or online.
- **Price:** 259 NOK (around 22 EUR).
- **Travel time:** Approximately 1 hour and 5 minutes.
- **Routes:**
 - **FB5:** Stops at Jernbanetorget. Easy access to public transport in the city centre.
 - **FB1:** Stops at Majorstuen. Convenient if you are staying in the Majorstuen area, or heading directly to the Norwegian Academy of Music.

Arriving by train

The Oslo Central Station is Norway's busiest railway station, with connections to local and regional trains in Norway, to Sweden and further into Europe.

You can purchase some tickets through [Entur](#), or they will direct you to the different train services in Europe. The Swedish travel company [SI](#) are also offering some of the routes that go from Sweden to Oslo Central Station.

Arriving by bus

It is also possible to travel to Oslo by bus. [Flixbus](#) offers direct routes from Berlin, Copenhagen and Stockholm. [See more about this here](#).

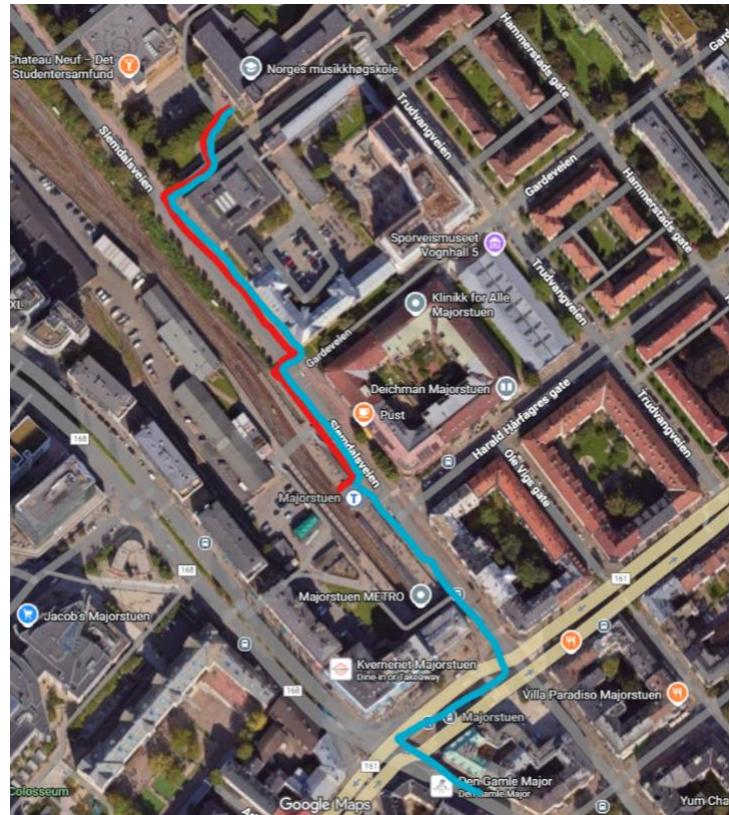
Oslo Bus Terminal is right next to the Central Station, and public transport within the city centre is of easy access once you arrive.

GETTING TO NMH

From the center of Oslo, it is easy to get around by both metro, trams or bus using the app [Ruter](#). To get from the Oslo Central Station to Majorstuen where the Norwegian Academy of Music is located, you can either take a westbound metroline ("T-bane" in Norwegian. All lines go through Majorstuen) or trams 12, 15 or 19 (towards Majorstuen). From here, it is a short walk to the academy.

Red: From metro station, 300 m

Blue: From tram stop, 600 m



HOTELS

We have secured some set rates at select hotels. Here is an overview:

[Thon Hotels](#) (including Thon Hotel Gyldenløve, Thon Hotel Cecil, Thon Hotel Europa and Thon Hotel Opera)

[Saga Hotel Oslo](#) (Promotional code: EPARM2026)

[Cochs Pensionat](#) (Promotional code: 249577, contact them by email: booking@cochs.no or phone: (+47) 23 33 24 00)

These hotels with set rates must be booked by February 25th (six weeks before the stay).

Here are some additional accommodation options with hotels in the heart of Oslo:

[Scandic Hotels](#)

[Strawberry Hotels](#) (Clarion Hotel, Comfort Hotel, among others)

[Radisson Blu Plaza Hotel](#)

[Radisson Blu Scandinavia Hotel](#)

[Radisson RED Oslo City Centre](#)

WHAT TO SEE WHILE IN OSLO?

Some points of interest could be:

- [The Vigeland Sculpture Park](#) (close to NMH at Majorstuen)
- [The Royal Palace](#)
- The Harbour area (Aker Brygge and Tjuvholmen) which houses many restaurants, shops and bars as well as the [Astrup Fearnley museum of Modern Art](#)
- [The National Museum](#)
- [Akershus fortress](#)
- [Holmenkollen Ski jump, Ski Museum and tower](#)
- [The Opera House, Deichman Bjørvika/Oslo Public Library](#) and the [floating Saunas nearby](#)

[Here is a link to the official travel guide of Oslo, Visit Oslo.](#)



CONTACT

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Photo: Ståle Tvete Volland / NMH